

WHAT IS LSV?

LSV is a free six week training course .

Young people take part in a range of activities, that'll give them a fresh start and make them proud of their achievements. They'll have an awesome experience, get life skills and the tools they need to get a job.

LSV is a live-in training course that takes place on one of the NZDF bases in Auckland, Wellington or Christchurch.

LSV is a Ministry of Social Development (MSD) training course, run by New Zealand Defence Force (NZDF) with support from the Police, community partners and employers.

WHO PARTICIPATES IN LSV?

LSV is a voluntary course, open to all young persons, 18 to 24 years old, living in New Zealand that are not in paid work, in training or studying.

WHAT IS THE OBJECTIVE OF LSV?

The LSV programme is designed to provide trainees with life skills and tools needed to give them the confidence to allow them to get a job and give themselves a better life.

We're committed to working with MSD to ensure we are providing young people with the right skills they need in today's workforce.

WHY BE INVOLVED WITH LSV?

A GRADUATES PERSPECTIVE

LSV gives young people a fresh start and the tools to get a job.

Trainees have an experience of a lifetime taking part in a range of activities to increase confidence, learn job skills, get fit and take charge of their future.

LSV graduates feel a real sense of pride in what they've achieved. They want to do better things with their life and have a desire to succeed.

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“If you want to improve your life, both physically and mentally, be more motivated and find a job, then LSV is one of the best programmes you can do.”

Jacob, 2018 LSV Graduate

LSV Trainees are supported before and during the course. After graduation trainees will work with MSD to help them find a job, study or another training opportunity.

How to get involved

To take part in LSV, you need to:

- be aged 18 to 24 years old
- be in reasonably good health and able to take part in outdoor activities.

Contact: **ydu.hq2@nzdf.mil.nz** if you are interested in finding out more.

HOW TO GET INVOLVED

Business:

If your business employs young people looking for a fresh start you should contact your local Work & Income Office.

Individuals:

Every LSV course has a Patron and the NZDF team are always interested to talk to people who may be interested in fulfilling this role.

What does it entail:

- Attending your course on at least four occasions
- 1st Day March In of the LSVs (See the start point)
- The 'Longest Day' event (See the progress)
- The Graduation Dinner (See and hear the pride)
- The Graduation (See the change).

What do we look for in a Patron:

- A role model
- An advocate for the course.

If you are interested in exploring the opportunity of being a course Patron please contact:

ydu.hq2@nzdf.mil.nz

AN EMPLOYERS PERSPECTIVE

LSV gives LSV Trainees the opportunity to think about their life, their future and the kind of employment they'd like to do when they graduate.

The LSV programme builds confidence and gives LSV trainees physical and mental strength so that they're more capable for work when they graduate.

LSV Trainees will:

- be determined to improve their life
- be able to meet and talk confidently with employers
- know how to write a CV
- improve their communication skills
- develop their self-esteem and motivation.



Employers can attend an employer expo where you'll meet LSV Trainees.

By attending, employers can hear more about what skills the LSV Trainees have gained and what they're interested in.

If an employer finds a suitable candidate at the expo, you can start the recruitment process straight away.

MSD may be able to provide extra support to employers who hire a LSV Trainee.

This could include:

- Mana in Mahi – Strength in Work
- Flexi-wage
- Skills for Industry
- In work Support.

A PATRONS PERSPECTIVE

Deon Swiggs, Patron of January 2019 Christchurch LSV course.

Being the Patron to the LSV class has been an extremely humbling experience and has given me a deeper appreciation of the hardships some of our young people are experiencing. I was able to experience what the young people were doing in the course and having someone they can look up to going through the same challenges is a good way for them to see leaders in our society caring and wanting to see them grow.



“The highlight of LSV is witnessing the change in each and every one of the young people.”

Deon Swiggs, 2019 LSV Patron

They rose to the challenges they were faced with and by pushing themselves in the structured and supportive environment they're able to experience accomplishment and seeing the self-confidence in the trainees rise as a result, makes me proud.

The course structure allows the young people to take this new felt self-confidence and transform it to purpose so they knew how to positively contribute to whatever they want to do in their lives.

This is where the value for New Zealand is, growing and providing purpose for our biggest asset, our people.

The change cannot be underestimated and it's inspiring to be able to contribute to the growth of our young people in New Zealand.



LIMITED SERVICE VOLUNTEER (LSV)

