

Tū is the shortened version of the New Zealand Army haka. It is a haka taparahi (performed without weapons) and can be performed by all ranks regardless of race or gender, in any form of dress, anytime, anywhere, for any occasion. The shortened version was introduced with the blessing of Mr Te Kepa Takataka o Rangi Stirling, one of the composers of the original, longer haka.

Kaea (Leader):	Taringa whakarongo, Kia rite, Kia rite, Kia mau!	Listen Be prepared, be prepared, stand fast
Katoa (All):	Hi...!!!!	Extend out the hands
Kaea:	Torona kei waho!	Outwards
Katoa:	Kei waho !!!	Attention the fighting columns of Tū
Kaea:	Ki ngā ope tū taua a Tūmatauenga e...!!!	We are your Descendants; we follow you
Katoa:	lāhāhā – Whooooooooooooo.....	You who arrived at the fires of hell
Kaea:	I aa...	And fought in all terrains; rocky
Katoa:	Hāhā! Ko mātou a koutou mōrehurehu e whai ake nei. I tae koutou ki te mura o te ahi. He kōhatuhatu, Reporepo, kirikiri e Paruparu, ngahere, Tomo taua e, iāhāhā! Maumahara tonu tātou, ki a rātou ee.. aue hi!	Swampy, sandy Muddy, forests And stormed fortified positions We will remember them!